



# EMERSON COMBAT SYSTEMS

Presents

## EXTREME CQB



Take advantage of a rare opportunity to train with one of the world's most respected authorities on Tactical Hand-to-Hand and Edged Weapons Combat. Mr. Emerson brings 35 years of training and over 20 years of teaching experience directly to the mat. Ernest Emerson's teaching credentials include, head instructor at Gunsite, Lead Hand-To-Hand Combat Instructor at Blackwater USA, Head Hand-To-Hand and Edged Weapons Instructor for Global Studies Group for 10 years, Hand-to-Hand Instructor for H&K Defense Group, and director of Emerson Combat Systems for the last 8 years. He is a noted author, lecturer and is a director for the Combat Research and Development Group. He has instructed numerous Police and Law Enforcement Agencies, various U.S. Government Agencies, and numerous members of the U.S. Military, including U.S. Marines, U.S. Navy SEAL Teams and Delta Force.



This is a Hard Core, Bare Bones course that introduces you to the brutal realities of **Extreme Close Quarters Combat**. The course is two days of hard, physical, combatives and will cover unarmed against unarmed, unarmed against weapon and weapon against weapon. This is not a martial arts class, it is a fighting class that will force you to deal with, understand and face the realities of countering and surviving a deadly attack.

This course, taught in a Progressive Layering System using the Accelerated Learning Protocol, incorporates fundamentals, speed training, mindset, body mechanics and developing ultimate power. Topics that will be covered include, Developing Your Instinctual Fighting Skills, Combat Boxing,

Standup Grappling, Combat Takedowns, Ground Combat and Weapons Defense. Learn to integrate Tactical Defensive and Offensive fighting skills and understand what works and what does not. Be prepared for two days of hard physical contact and the bumps and bruises that will result.



**Course Cost:** \$250.00 per student

**Date:** July 1-2 2006

**Place:** Parkview Fitness Academy,  
Park View, Barking,  
London IG116TN

<http://www.parkviewfitness.co.uk/>

**Contact:** Ernest Emerson - [info@emersonknives.com](mailto:info@emersonknives.com)

U.K. Contact Derek Davis – [del.davis@ntlworld.com](mailto:del.davis@ntlworld.com)